

# Columbus Supervision

## "Bring Along with You" List

1. Your scripts
2. Supervision sheets  
6 page form where you write what occurs in the session
3. A notebook and writing implement
4. 2 pillows
5. A blanket
6. A device to play relaxing music for the induction and the healing portion of the session.  
(perhaps in your phone or a cd player, or ipod).
7. Water to drink
8. Teddy bear
9. Index cards
10. Your own recorder for when you are the client
11. Your 6 day manual
12. Hose, if you have one.
13. A snack :-)

## Schedule

*Please plan to arrive no later than 12:45 pm so we may start promptly at 6pm.*

1:00 – 2:00 pm	Meditation and discussion of case questions and a briefing on sessions
2:15 – 3:45 pm	1st session
3:45 – 4:00 pm	Break
4:00 – 5:30 pm	2nd session
5:30 pm	Closing